

Curriculum Vitae
Benedict U. Nwachukwu MD, MBA

Statistics:

- Citations – 2167
- H-index – 26
- I10-index – 57

Contact Information

- HSS Sports Medicine Institute West Side, 610 West 58th Street, New York, NY, 10019
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- English, Igbo

Affiliation

Assistant Attending Orthopedic Surgery at Hospital for Special Surgery
Clinical Instructor, Weill Cornell Medical College

Education

- **Undergraduate (2004-2008):**
 - Columbia University, Bachelor of Arts in Psychology (BA), New York, NY, 10027
- **Medical School (2008-2013):**
 - Harvard Medical School, Doctor of Medicine (M.D.) cum Laude in a Special Field, Boston, MA, 02115
- **Business School (2011-2013):**
 - Harvard Business School, Masters in Business Administration (M.B.A), Cambridge, MA, 02138

Post Graduate Education and Training

- **General Surgery Intern (2013):**
 - New York Presbyterian Hospital – Weill Cornell Medical Center
- **Orthopaedic Surgery Resident (2013-2018):**
 - Hospital for Special Surgery
- **Orthopaedic Sports Medicine Fellow (2018-2019)**
 - Midwest Orthopaedics at Rush University

Medical Licensures

- **New York State License:** 2013 – Present
- **Illinois State License:** 2018 – present
- **Indiana:** 2018 – present

Professional Society Memberships

- **American Academy of Orthopaedic Surgeons (2013 – Present):**
 - Resident member
- **Arthroscopy Association of North America (2014 – Present):**
 - Resident member
- **American Orthopaedic Society for Sports Medicine (2015 – Present):**
 - Resident member

Grant Support

- **Orthopaedic Research Education Foundation Resident Research Grant – *The Impact of Lumbar Spine Alignment on Femoroacetabular Impingement Outcome* – **Currently Active****
- **Pediatric Orthopaedic Society of North America Research Start-up Grant – *Health Utilities Acquisition, Economic Decision Model, and a Prospective Cohort Study for First-Time Traumatic Patella Dislocation in Children & Adolescents* – **Completed****
- **Steamboat Foundation Special Grant – *Needs Assessment of Orthopaedic Trauma Care in a Developing Nation* – **Completed****

Honors and Awards

- (2018) Hospital for Special Surgery's Lewis Clark Wagner, MD, Chief Resident Award for Excellence in Orthopaedic Clinical/Translational Research

Revised: 9/6/19

- (2017) International Society for Hip Arthroscopy Trainee Award – *The Role of Lumbar Lordosis and Pelvic Sagittal Balance in Femoroacetabular Impingement*
- (2016) AAOS/OREF/ORS Clinician Scholar Career Development Program (CSCDP) – Rosemont, IL
- (2016) EOA/OREF Resident/Fellow Travel Grant Research Award – *How Should We Define Meaningful Outcome After Arthroscopic Treatment of Femoroacetabular Impingement*
- (2015) EOA/OREF Resident/Fellow Travel Grant Research Award – *Reverse Shoulder Arthroplasty In The Management Of Complex Proximal Humerus Fractures: A Cost-Utility Analysis From A US Payor And Hospital Perspective*
- (2015) Eastern Orthopedic Association Ranawat Award – *Increased Rates Of Total Hip Arthroplasty Infection After Intraarticular Injection*
- (2013) Janee and Paul Friedmann, MD '59 Surgery prize (Harvard Medical School)—given on class day to graduating senior who demonstrates exceptional promise for leadership and research in surgery
- (2012) Hollis L. Albright Award—Harvard Medical School award given to outstanding senior student going into a surgical subspecialty
- (2010) AAOS Best Poster in Pediatric Orthopedic Surgery – *Complications of Hip Arthroscopy in Children & Adolescents*
- (2008) Kappa Delta Rho Foundation Award – Columbia University
- (2008) Arthur Ashe Student Athlete of the Year – Columbia University
- (2008) Academic All Ivy League; ESPN Academic All District
- (2007) ESPN Academic All District
- (2006) Arthur Ashe Student Athlete of the Year; Academic All Ivy League; ESPN Academic All District
- (2004) John W. Kluge Columbia University Academic Scholarship – 4 year full scholarship

Academic Leadership and Service

- Arthroscopy Journal (2019 – Present)
 - Peer Reviewer
- American Journal of Sports Medicine (2019 – Present)
 - Peer Reviewer
- Hospital for Special Surgery Journal (2014 – Present)
 - Peer Reviewer
- Orthopedics Today Journal (2016 – Present)
 - Editor of Grand Rounds Section

Team Coverage Experience

- National Basketball Association Players Association – Medical Consultant (2019-Present)
- Chicago Bulls Men's Basketball (2018 – 2019)
- Chicago White Sox Baseball (2018 – 2019)
- DePaul Men's and Women's Basketball (2018 – 2019)
- DePaul Men's and Women's Soccer (2018 – 2019)
- Kipp NYC College Preparatory School, Varsity and JV Football Team Coverage (2016 – 2018)

Administrative Experience

- Hospital for Special Surgery Sports Medicine Institute Co-Director for Clinical Research (2019 – present)
- Hospital for Special Surgery House Staff Quality & Safety Council
 - President (2017- 2018)
 - Vice President (2016-2017)
- Hospital for Special Surgery Quality Coordination Committee (2016 – 2018)

- Resident Member
- Hospital for Special Surgery Innovation Center
 - Innovation Fellow (2017 – 2018)
- AAOS Resident Representative for the Hospital for Special Surgery (2015 – 2018)

Peer-Reviewed Publications

1. Andrew J. Riff, Alexander E. Weber, Timothy C. Keating, **Benedict U. Nwachukwu**, Edward C. Beck, Nozomu Inoue, Laura M. Krivicich, Shane J. Nho: *Mirror Image Modeling of Acetabular Rim Thickness Differences in Patients With Unilateral Femoroacetabular Impingement Syndrome*. DOI:10.1016/j.asmr.2019.06.001
2. Edward C. Beck, **Benedict U. Nwachukwu**, Jorge Chahla, Kyleen Jan, Timothy C. Keating, Sunikom Suppauksorn, Shane J. Nho: *Patients With Borderline Hip Dysplasia Achieve Clinically Significant Outcome After Arthroscopic Femoroacetabular Impingement Surgery: A Case-Control Study With Minimum 2-Year Follow-up*. The American Journal of Sports Medicine 08/2019; 47(5):036354651986591., DOI:10.1177/0363546519865919
3. Yining Lu, Kelechi R. Okorooha, Bhavik H. Patel, **Benedict U. Nwachukwu**, James D. Baker, Alexander J. Idarraga, Brian Forsythe: *Return to play and performance after shoulder instability in National Basketball Association athletes*. Journal of Shoulder and Elbow Surgery 08/2019;., DOI:10.1016/j.jse.2019.05.035
4. Austin V. Stone, Edward C. Beck, Philip Malloy, Jorge Chahla, **Benedict U. Nwachukwu**, William H. Neal, Shane J. Nho: *Preoperative Predictors of Achieving Clinically Significant Athletic Functional Status After Hip Arthroscopy for Femoroacetabular Impingement at Minimum 2-Year Follow-Up*. DOI:10.1016/j.arthro.2019.05.022
5. Peter D. Fabricant, Son H. McLaren, Joash R. Suryavanshi, **Benedict U. Nwachukwu**, Emily R. Dodwell: *Association Between Government Health Insurance Status and Physical Activity in American Youth*. Journal of Pediatric Orthopaedics 08/2019; Publish Ahead of Print(&NA;):1., DOI:10.1097/BPO.0000000000001329
6. Venkat Boddapati, Michael C. Fu, **Benedict U. Nwachukwu**, Christopher L. Camp, Andrea M. Spiker, Riley J. Williams, Anil S. Ranawat: *Procedure length is independently associated with overnight hospital stay and 30-day readmission following anterior cruciate ligament reconstruction*. Knee Surgery Sports Traumatology Arthroscopy 07/2019;., DOI:10.1007/s00167-019-05622-z
7. Kyle N. Kunze, Edward C. Beck, **Benedict U. Nwachukwu**, Junyoung Ahn, Shane J. Nho: *Early Hip Arthroscopy for Femoroacetabular Impingement Syndrome Provides Superior Outcomes When Compared With Delaying Surgical Treatment Beyond 6 Months*. The American Journal of Sports Medicine 07/2019;., DOI:10.1177/0363546519837192
8. **Benedict U. Nwachukwu**, Edward C. Beck, Reagan Chapman, Jorge Chahla, Kelechi Okorooha, Shane J. Nho: *Preoperative Performance of the PROMIS in Patients Undergoing Hip Arthroscopic Surgery for Femoroacetabular Impingement Syndrome*. The Orthopaedic Journal of Sports Medicine 07/2019; 7(7):232596711986007., DOI:10.1177/2325967119860079
9. **Benedict U. Nwachukwu**, Bhavik H. Patel, Yining Lu, Answorth A. Allen, Riley J. Williams: *Anterior Cruciate Ligament Repair Outcomes: An Updated Systematic Review of Recent Literature*. DOI:10.1016/j.arthro.2019.04.005
10. Bhavik H. Patel, Kelechi R. Okorooha, Toufic R. Jildeh, Yining Lu, Alexander J. Idarraga, **Benedict U. Nwachukwu**, Sarek A. Shen, Brian Forsythe: *Concussions in the National Basketball Association: Analysis of Incidence, Return to Play, and Performance From 1999 to 2018*. The Orthopaedic Journal of Sports Medicine 06/2019; 7(6):232596711985419., DOI:10.1177/2325967119854199
11. Hassan M. K. Ghomrawi, Lily (Yuo-yu) Lee, **Benedict U. Nwachukwu**, Deeptee Jain, Timothy Wright, Douglas Padgett, Kevin J. Bozic, Stephen Lyman: *Preoperative Expectations Associated With Postoperative Dissatisfaction After Total Knee Arthroplasty: A Cohort Study*. The Journal of the American Academy of Orthopaedic Surgeons 06/2019;., DOI:10.5435/JAAOS-D-18-00785
12. Jayme C. B. Koltsov, Caitlin Gribbin, Scott J. Ellis, **Benedict U. Nwachukwu**: *Cost-effectiveness of Operative Versus Non-operative Management of Acute Achilles Tendon Ruptures*. HSS Journal 06/2019;., DOI:10.1007/s11420-019-09684-0
13. Shane J. Nho, Edward C. Beck, **Benedict U. Nwachukwu**, Gregory L. Cvetanovich, William H. Neal, Joshua D. Harris, Alexander E. Weber, Richard C. Mather: *Survivorship and Outcome of Hip Arthroscopy for Femoroacetabular Impingement Syndrome Performed With Modern Surgical Techniques*. The American Journal of Sports Medicine 06/2019; 47(7):1662-1669., DOI:10.1177/0363546519843936
14. David N Bernstein, **Benedict U. Nwachukwu**, Kevin J. Bozic: *Value-based Health Care: Moving Beyond "Minimum Clinically Important Difference" to a Tiered System of Evaluating Successful Clinical Outcomes*. Clinical Orthopaedics and Related Research 05/2019; 477(5):945-947., DOI:10.1097/CORR.0000000000000741
15. **Benedict U Nwachukwu**, Joshua Adjei, Ryan C Rauck, Jorge Chahla, Kelechi R Okorooha, Nikhil N Verma, Answorth A Allen, Riley J Williams lii: *How Much Do Psychological Factors Affect Lack of Return to Play After Anterior Cruciate Ligament Reconstruction? A Systematic Review*. The Orthopaedic Journal of Sports Medicine 05/2019; 7(5)., DOI:10.1177/2325967119845313

16. **Benedict U. Nwachukwu**: *Editorial Commentary: PASSing the Test Versus Acing It: Understanding Clinically Significant Outcome Improvement in Arthroscopic Hip Surgery*. DOI:10.1016/j.arthro.2019.02.045
17. Michael C. Fu, Brenda Chang, Alexandra C. Wong, **Benedict U. Nwachukwu**, Russell F. Warren, David M. Dines, Joshua S. Dines, Frank A. Cordasco, Stephen Lyman, Lawrence V. Gulotta: *PROMIS physical function underperforms psychometrically relative to American Shoulder and Elbow Surgeons score in patients undergoing anatomic total shoulder arthroplasty*. *Journal of Shoulder and Elbow Surgery* 04/2019; 28(9), DOI:10.1016/j.jse.2019.02.011
18. Jorge Chahla, **Benedict U. Nwachukwu**, Edward C. Beck, William H. Neal, Jourdan Cancienne, Kelechi R. Okoroa, Junyoung Ahn, Shane J. Nho: *Influence of Acetabular Labral Tear Length on Outcomes After Hip Arthroscopy for Femoroacetabular Impingement Syndrome With Capsular Plication*. *The American Journal of Sports Medicine* 04/2019; 47(5):1145-1150., DOI:10.1177/0363546519831291
19. Gift C. Ukwuani, Brian R. Waterman, **Benedict U. Nwachukwu**, Edward C. Beck, Kyule N. Kunze, Joshua D. Harris, Shane J. Nho: *Return to Dance and Predictors of Outcome After Hip Arthroscopy for Femoroacetabular Impingement Syndrome*. DOI:10.1016/j.arthro.2018.10.121
20. Jared Christopher Tishelman, Cynthia A Kahlenberg, **Benedict U Nwachukwu**, Jordan Gruskay, Sabrina M Strickland: *Patient satisfaction reporting for patellofemoral arthroplasty is significantly lacking: a systematic review*. *The Physician and sportsmedicine* 02/2019; 47(3), DOI:10.1080/00913847.2019.1580913
21. Cynthia A. Kahlenberg, **Benedict U. Nwachukwu**, Hamidreza Jahandar, Kathleen N. Meyers, Amar S. Ranawat, Anil S. Ranawat: *Single- Versus Double-Row Repair of Hip Abductor Tears: A Biomechanical Matched Cadaver Study*. DOI:10.1016/j.arthro.2018.10.146
22. **Benedict U. Nwachukwu**, Conan So, Yi Zhang, Beth E. Shubin-Stein, Sabrina M. Strickland, Daniel W. Green, Emily R. Dodwell: *Adolescent and Caregiver-derived Utilities for Traumatic Patella Dislocation Health States*. *Journal of Pediatric Orthopaedics* 01/2019; Publish Ahead of Print(&NA:);1., DOI:10.1097/BPO.0000000000001341
23. Jeffrey G Stepan, Francis C Lovecchio, Ajay Premkumar, Cynthia A Kahlenberg, Todd J Albert, James W Baurley, **Benedict U Nwachukwu**: *Development of an Institutional Opioid Prescriber Education Program and Opioid-Prescribing Guidelines Impact on Prescribing Practices*. *The Journal of Bone and Joint Surgery* 01/2019; 101(1), DOI:10.2106/JBJS.17.01645
24. Gregory L. Cvetanovich, Anirudh K. Gowd, Joseph N. Liu, **Benedict U. Nwachukwu**, Brandon C. Cabarcas, Brian J. Cole, Brian Forsythe, Anthony A. Romeo, Nikhil N. Verma: *Establishing clinically significant outcome after arthroscopic rotator cuff repair*. *Journal of Shoulder and Elbow Surgery* 01/2019; DOI:10.1016/j.jse.2018.10.013
25. Taylor M. Southworth, Neal B. Naveen, **Benedict U. Nwachukwu**, Brian J. Cole, Rachel M. Frank: *Orthobiologics for Focal Articular Cartilage Defects*. *Clinics in Sports Medicine* 01/2019; 38(1):109-122., DOI:10.1016/j.csm.2018.09.001
26. Jorge Chahla, Matthew C. Sweet, Kelechi R. Okoroa, **Benedict U. Nwachukwu**, Betina Hinckel, Jack Farr, Adam B. Yanke, William D. Bugbee, Brian J. Cole: *Osteochondral Allograft Transplantation in the Patellofemoral Joint: A Systematic Review*. *The American Journal of Sports Medicine* 12/2018; DOI:10.1177/0363546518814236
27. Michael C. Fu, Nathaniel T. Ondeck, **Benedict U. Nwachukwu**, Grant H. Garcia, Lawrence V. Gulotta, Nikhil N. Verma, Jonathan N. Grauer: *What Associations Exist Between Comorbidity Indices and Postoperative Adverse Events After Total Shoulder Arthroplasty?*. *Clinical Orthopaedics and Related Research* 12/2018; 477(4):1., DOI:10.1097/CORR.0000000000000624
28. **Benedict U. Nwachukwu**, Brenda Chang, Edward C. Beck, William H. Neal, Kamran Movassaghi, Anil S. Ranawat, Shane J. Nho: *How Should We Define Clinically Significant Outcome Improvement on the iHOT-12?*. *HSS Journal* 11/2018; DOI:10.1007/s11420-018-9646-0
29. **Benedict U Nwachukwu**, Michael A Gaudiani, Nathan A Marsh, Anil S Ranawat: *Labral hypertrophy correlates with borderline hip dysplasia and microinstability in femoroacetabular impingement: a matched case-control analysis*. *Hip International* 10/2018; DOI:10.1177/1120700018807860
30. R. R. Fader, M. A. Tao, M. A. Gaudiani, R. Turk, **B. U. Nwachukwu**, C. I. Esposito, A. S. Ranawat: *The role of lumbar lordosis and pelvic sagittal balance in femoroacetabular impingement*. *Bone and Joint Journal* 10/2018; 100-B(10):1275-1279., DOI:10.1302/0301-620X.100B10.BJJ-2018-0060.R1
31. Ryan C. Rauck, **Benedict U. Nwachukwu**, Answorth A. Allen, Russell F. Warren, David W. Altchek, Riley J. Williams: *Outcome of isolated posterior cruciate ligament reconstruction at mean 6.3-year follow up: a consecutive case series*. *The Physician and sportsmedicine* 09/2018; DOI:10.1080/00913847.2018.1520053
32. William W. Schairer, **Benedict U. Nwachukwu**, Stephen Lyman, Answorth A. Allen: *Race and Insurance Status Are Associated With Surgical Management of Isolated Meniscus Tears*. *Arthroscopy The Journal of Arthroscopic and Related Surgery* 09/2018; 34(9):2677-2682., DOI:10.1016/j.arthro.2018.04.020
33. **Benedict U. Nwachukwu**, Ryan C. Rauck, Cynthia A. Kahlenberg, Chukwuma Nwachukwu, William W. Schairer, Riley J. Williams, David W. Altchek, Answorth A. Allen: *The Quality of Online Resources Available to Patients Interested in Knee Biologic Therapies Is Poor*. *HSS Journal* 08/2018; 14(1), DOI:10.1007/s11420-018-9621-9

34. **Benedict U. Nwachukwu**, Brenda Chang, Joshua Adjei, William W. Schairer, Anil S. Ranawat, Bryan T. Kelly, Danyal H. Nawabi: *Time Required to Achieve Minimal Clinically Important Difference and Substantial Clinical Benefit After Arthroscopic Treatment of Femoroacetabular Impingement*. The American Journal of Sports Medicine 08/2018; 46(9):036354651878648., DOI:10.1177/0363546518786480
35. Elizabeth B. Gausden, Ashley Levack, **Benedict U. Nwachukwu**, Danielle Sin, David S. Wellman, Dean G. Lorch: *Computerized Adaptive Testing for Patient Reported Outcomes in Ankle Fracture Surgery*. Foot & Ankle International 07/2018; 39(10):107110071878248., DOI:10.1177/1071100718782487
36. **Benedict U Nwachukwu**, Nikhil N Verma: *Editorial Commentary: Pursuit of Value-Based Care for SLAP Lesions: More Work to Be Done*. Arthroscopy The Journal of Arthroscopic and Related Surgery 07/2018; 34(7), DOI:10.1016/j.arthro.2018.03.003
37. Cynthia A. Kahlenberg, **Benedict U. Nwachukwu**, Alexander S. McLawhorn, Michael B. Cross, Charles N. Cornell, Douglas E. Padgett: *Patient Satisfaction After Total Knee Replacement: A Systematic Review*. HSS Journal 06/2018; 14(7), DOI:10.1007/s11420-018-9614-8
38. Kelms Amoo-Achampong, Michael K Krill, Derrick Acheampong, **Benedict U Nwachukwu**, Frank McCormick: *Evaluating strategies and outcomes following rotator cuff tears*. Shoulder & Elbow 04/2018, DOI:10.1177/1758573218768099
39. Michael C Fu, Venkat Boddapati, **Benedict U Nwachukwu**, Anil S Ranawat, Todd J Albert, Joshua S Dines: *Conflict-of-Interest Disclosures to The Journal of Bone & Joint Surgery: The Relevance of Industry-Reported Payments*. The Journal of Bone and Joint Surgery 04/2018; 100(8):e51., DOI:10.2106/JBJS.17.00492
40. **Benedict U. Nwachukwu**, Claire D. Eliasberg, Kamran S. Hamid, Michael C. Fu, Bernard R. Bach, Answorth A. Allen, Todd J. Albert: *Contingent Valuation Studies in Orthopaedic Surgery: A Health Economic Review*. HSS Journal 04/2018; 14(Suppl 1), DOI:10.1007/s11420-018-9610-z
41. **Benedict U. Nwachukwu**, Brenda Chang, Ben-Zion Rotter, Bryan T. Kelly, Anil S. Ranawat, Danyal H. Nawabi: *Minimal Clinically Important Difference and Substantial Clinical Benefit After Revision Hip Arthroscopy*. Arthroscopy The Journal of Arthroscopic and Related Surgery 04/2018; 34(6), DOI:10.1016/j.arthro.2018.01.050
42. **Benedict U Nwachukwu**, Venkat Boddapati, Michael C Fu, Brian J Rebolledo, Anil S Ranawat, Marc R Safran: *What is the fate of scientific abstracts presented at the International Society for Hip Arthroscopy meetings?*. 03/2018; 5(2), DOI:10.1093/jhps/hny005
43. Elizabeth B. Gausden, Ashley E. Levack, Danielle N. Sin, **Benedict U. Nwachukwu**, Peter D. Fabricant, Andrew M. Nellestein, David S. Wellman, Dean G. Lorch: *Validating the Patient Reported Outcomes Measurement Information System (PROMIS) computerized adaptive tests for upper extremity fracture care*. Journal of Shoulder and Elbow Surgery 03/2018; 27(7), DOI:10.1016/j.jse.2018.01.014
44. Venkat Boddapati, Michael C. Fu, **Benedict U. Nwachukwu**, Anil S. Ranawat, Wilson Y. Zhen, Joshua S. Dines: *Accuracy Between AJSM Author- Reported Disclosures and the Centers for Medicare and Medicaid Services Open Payments Database*. The American Journal of Sports Medicine 01/2018; 46(11):036354651775012., DOI:10.1177/0363546517750124
45. Michael K Krill, Samuel Rosas, KiHyun Kwon, Andrew Dakkak, **Benedict U Nwachukwu**, Frank McCormick: *A concise evidence-based physical examination for diagnosis of acromioclavicular joint pathology: a systematic review*. 12/2017; 46(16), DOI:10.1080/00913847.2018.1413920
46. Brian J. Rebolledo, Johnathan A. Bernard, Brian C. Werner, Andrea K. Finlay, **Benedict U. Nwachukwu**, David M. Dare, Russell F. Warren, Scott A. Rodeo: *The Association of Vitamin D Status in Lower Extremity Muscle Strains and Core Muscle Injuries at the National Football League Combine*. Arthroscopy The Journal of Arthroscopic and Related Surgery 12/2017; 34(4), DOI:10.1016/j.arthro.2017.10.005
47. William W. Schairer, **Benedict U. Nwachukwu**, Michael C. Fu, Russell F. Warren: *Risk Factors for Short-Term Complications After Rotator Cuff Repair in the United States*. Arthroscopy The Journal of Arthroscopic and Related Surgery 12/2017; 34(4), DOI:10.1016/j.arthro.2017.10.040
48. **Benedict U. Nwachukwu**, Asheesh Bedi, Ajay Premkumar, Pete Draovitch, Bryan T. Kelly: *Characteristics and Outcomes of Arthroscopic Femoroacetabular Impingement Surgery in the National Football League*. The American Journal of Sports Medicine 09/2017, DOI:10.1177/0363546517729163
49. Elizabeth B. Gausden, **Benedict U. Nwachukwu**, Joseph J. Schreiber, Dean G. Lorch, Joseph M. Lane: *Opportunistic Use of CT Imaging for Osteoporosis Screening and Bone Density Assessment: A Qualitative Systematic Review*. The Journal of Bone and Joint Surgery 09/2017; 99(18):1580-1590., DOI:10.2106/jbjs.16.00749
50. **Benedict U. Nwachukwu**, Brenda Chang, Kara Fields, Jeremy Rinzler, Danyal H. Nawabi, Anil S. Ranawat, Bryan T. Kelly: *Outcomes for Arthroscopic Treatment of Anterior Inferior Iliac Spine (Subspine) Hip Impingement*. The Orthopaedic Journal of Sports Medicine 08/2017; 5(8):232596711772310., DOI:10.1177/2325967117723109
51. H. Chawla, **B. U. Nwachukwu**, J. P. van der List, A. A. Eggman, A. D. Pearle, H. M. Ghomrawi: *Cost effectiveness of patellofemoral versus total knee arthroplasty in younger patients*. Bone and Joint Journal 08/2017; 99-B(8):1028-1036., DOI:10.1302/0301-620X.99B8.BJJ-2016-1032.R1

52. **Benedict U. Nwachukwu**, Brenda Chang, Pramod B. Voleti, Patricia Berkanish, Matthew R. Cohn, David W. Altchek, Answorth A. Allen, Riley J. Williams: *Preoperative Short Form Health Survey Score Is Predictive of Return to Play and Minimal Clinically Important Difference at a Minimum 2-Year Follow-up After Anterior Cruciate Ligament Reconstruction*. The American Journal of Sports Medicine 07/2017; 45(1):0363546517714472., DOI:10.1177/0363546517714472
53. William W. Schairer, Cynthia A. Kahlenberg, Peter K. Sculco, **Benedict U. Nwachukwu**: *What is the Quality of Online Resources About Pain Control Following Total Knee Arthroplasty?*. The Journal of arthroplasty 06/2017;., DOI:10.1016/j.arth.2017.06.031
54. **Benedict U. Nwachukwu**, Brenda Chang, Cynthia A. Kahlenberg, Kara Fields, Danyal H. Nawabi, Bryan T. Kelly, Anil S. Ranawat: *Arthroscopic Treatment of Femoroacetabular Impingement in Adolescents Provides Clinically Significant Outcome Improvement*. Arthroscopy The Journal of Arthroscopic and Related Surgery 06/2017;., DOI:10.1016/j.arthro.2017.04.008
55. Michael A. Gaudiani, **Benedict U. Nwachukwu**, Jayesh V. Baviskar, Mrinal Sharma, Anil S. Ranawat: *Optimization of sagittal and coronal planes with robotic-assisted unicompartmental knee arthroplasty*. The Knee 06/2017;., DOI:10.1016/j.knee.2017.05.002
56. Kamran S. Hamid, **Benedict U. Nwachukwu**, Kevin J. Bozic: *Decisions and Incisions: A Value-Driven Practice Framework for Academic Surgeons*. The Journal of Bone and Joint Surgery 05/2017; 99(10):e50., DOI:10.2106/jbjs.16.00818
57. Kelms Amoo-Achampong, Samuel Rosas, Nicholas Schmoke, Yves-Dany Accilien, **Benedict U. Nwachukwu**, Frank McCormick: *Trends in sports-related concussion diagnoses in the U.S: a population-based analysis using a private-payor database*. The Physician and sportsmedicine 05/2017;., DOI:10.1080/00913847.2017.1327304
58. **Benedict U. Nwachukwu**, Pramod B. Voleti, Patricia Berkanish, Brenda Chang, Matthew R. Cohn, Riley J. III Williams, Answorth A. Allen: *Return to Play and Patient Satisfaction After ACL Reconstruction: Study with Minimum 2-Year Follow-up*. The Journal of Bone and Joint Surgery 05/2017; 99(9):720-725., DOI:10.2106/jbjs.16.00958
59. **Benedict U. Nwachukwu**, Conan So, William W. Schairer, Beth E. Shubin-Stein, Sabrina M. Strickland, Daniel W. Green, Emily R. Dodwell: *Economic Decision Model for First-Time Traumatic Patellar Dislocations in Adolescents*. The American Journal of Sports Medicine 05/2017;., DOI:10.1177/0363546517703347
60. Samuel Rosas, Michael K. Krill, Kelms Amoo-Achampong, KiHyun Kwon, **Benedict U. Nwachukwu**, Frank McCormick: *A practical, evidence-based, comprehensive (PEC) physical examination for diagnosing pathology of the long head of the biceps*. Journal of shoulder and elbow surgery / American Shoulder and Elbow Surgeons ... [et al.] 05/2017;., DOI:10.1016/j.jse.2017.03.002
61. **Benedict U. Nwachukwu**, Shawn G. Anthony, Kenneth M. Lin, Tim Wang, David W. Altchek, Answorth A. Allen: *Return to play and performance after anterior cruciate ligament reconstruction in the National Basketball Association: surgeon case series and literature review*. The Physician and sportsmedicine 04/2017;., DOI:10.1080/00913847.2017.1325313
62. William W. Schairer, **Benedict U. Nwachukwu**, Stephen Lyman, Lawrence V. Gulotta: *Arthroplasty treatment of proximal humerus fractures: 14-Year Trends in the United States*. The Physician and sportsmedicine 03/2017;., DOI:10.1080/00913847.2017.1311199
63. Emmanouil Kiriakopoulos, Frank M McCormick, **Benedict U Nwachukwu**, Brandon J Erickson, Joseph Caravella: *In-hospital mortality risk of intertrochanteric hip fractures: a comprehensive review of the US Medicare database from 2005 to 2010*. MUSCULOSKELETAL SURGERY 03/2017;., DOI:10.1007/s12306-017-0470-3
64. **Benedict U Nwachukwu**, Cynthia A Kahlenberg, Jason D Lehman, Stephen Lyman, Robert G Marx: *Characteristics of Orthopedic Publications in High-Impact General Medical Journals*. Orthopedics 02/2017;., DOI:10.3928/01477447-20170223-04
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Conference Presentations

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4. **Benedict U. Nwachukwu**, Brenda Chang, Cynthia A. Kahlenberg, Kara Fields, Danyal H. Nawabi, Bryan T. Kelly, Anil S. Ranawat: *Arthroscopic Treatment of Femoroacetabular Impingement in Adolescents Provides Clinically Significant Outcome Improvement*. AAOS Annual Convention 2017. San Diego
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6. **Benedict U. Nwachukwu**, Kara G. Fields, Brenda Chang, Bryan Rebolledo, Danyal H. Nawabi, Bryan T. Kelly, Anil S. Ranawat: *How Should We Define Meaningful Outcome Improvement after Arthroscopic Femoroacetabular Impingement Surgery*. EOA Annual Convention 2016. New Orleans
7. **Benedict U. Nwachukwu**, Kara G. Fields, Brenda Chang Danyal H. Nawabi, Bryan T. Kelly, Anil S. Ranawat: *Pre-operative Outcome Scores are Predictive of Achieve the Minimal Clinically Important Difference after Arthroscopic Treatment of Femoroacetabular Impingement*. AOSSM Annual Convention 2016. Colorado
8. **Benedict U. Nwachukwu**, Kara G. Fields, Brenda Chang Danyal H. Nawabi, Bryan T. Kelly, Anil S. Ranawat: *Pre-operative Outcome Scores are Predictive of Achieve the Minimal Clinically Important Difference after Arthroscopic Treatment of Femoroacetabular Impingement*. OREF Eastern Regional Meeting Convention 2016. Pittsburgh
9. **Benedict U. Nwachukwu**, Conan So, William W. Schairer, Daniel W. Green, Emily R. Dodwell: *Surgical versus conservative management of acute patellar dislocation in children and adolescents: A Systematic Review and Cost-Utility Analysis*. Pediatric Research in Sports Medicine (PRISM) Annual Conference 2016. San Diego
10. **Nwachukwu BU**, McCormick F, Schairer WW, Dines DS, Craig EV, Gulotta LV. *Reverse Shoulder Arthroplasty for Complex Proximal Humerus Fractures: A Societal and Health Systems Cost Effectiveness Analysis*. Eastern Orthopaedic Association Annual Meeting. Hawaii 2015
11. **Nwachukwu BU**, McLawhorn AS, Simon MS, Demetracopoulos CA, Deland JT, Ellis SJ. *Management of End-stage Ankle Arthritis: A Cost Utility Analysis Using Direct and Indirect Costs*. Eastern Orthopaedic Association Annual Meeting. Hawaii 2015
12. **Nwachukwu BU**, McLawhorn AS, Simon MS, Demetracopoulos CA, Deland JT, Ellis SJ. *Management of End-stage Ankle Arthritis: A Cost Utility Analysis Using Direct and Indirect Costs*.

American Association of Orthopaedic Surgeons (AAOS) Annual Meeting, Las Vegas 2015.

13. **Nwachukwu BU**, McCormick F, Alpaugh K, Martin SD. *Pain after Hip arthroscopy for labral pathology: a retrospective analysis at minimum 2 year follow-up.* American Orthopedic Society of Sports Medicine (AOSSM) Annual Meeting. Podium Presentation. Baltimore, MD 2012.
14. McCormick F, **Nwachukwu BU**, Alpaugh K, Martin SD. *Age and Arthritis: Predictors of Hip Arthroscopy Outcomes for Labral Tears at Minimum 2-year Follow-up.* American Orthopedic Society of Sports Medicine (AOSSM) Annual Meeting Poster Presentation. Baltimore, MD 2012.
15. **Nwachukwu BU**, McCormick F, Alpaugh K, Martin SD. *Outcomes of hip arthroscopy for labral tears at a minimum 2 year follow-up.* AOSSM Annual Meeting Podium Presentation. Baltimore, MD 2012.
16. McCormick F, Alpaugh K, **Nwachukwu B**, Martin SD. *Age over Arthritis: Predicting Activity-Limiting Pain Following Labral Repair.* Arthroscopy Association of North American (AANA) Annual meeting. E-Poster Presentation. Orlando, FL 2012.
17. **Nwachukwu B**, McCormick F, Alpaugh K, Martin SD. *Arthroscopic labral repair in the active middle-aged patient: A retrospective analysis of 206 patients at minimum 2-year follow-up with validated hip arthroscopy measures.* Arthroscopy Association of North American (AANA) Annual meeting. E-Poster Presentation. Orlando, FL 2012.
18. McCormick F, **Nwachukwu B**, Alpaugh K, Gagne M, Martin SD. *Age or Arthritis: What's causing the pain following hip arthroscopy?* Society of Military Orthopedic Surgeons (SOMOS) Annual Meeting. Podium Presentation. San Diego CA 2011.
19. McCormick F, **Nwachukwu B**, Alpaugh K, Gagne M, Martin SD. *Predicting Labral Repairability Prior To Surgery: Age Under 40 Is Predictive In 151 Cases.* Society of Military Orthopedic Surgeons (SOMOS) Annual Meeting. Poster Presentation. San Diego CA 2011.
20. McCormick F, **Nwachukwu B**, Alpaugh K, Martin SD. *Age and Arthritis: Predictors of hip arthroscopy outcomes for labral tears at minimum 2-year follow-up.* New England Orthopedic Association Annual Meeting. Podium Presentation. Boston, MA. 2011
21. McCormick F, **Nwachukwu B**, Alpaugh K, Gagne M, Martin SD. *Age or Arthritis: What's causing the pain following hip arthroscopy?* International Society of Hip Arthroscopy Annual Meeting. Poster Presentation, Paris France 2011.
22. McCormick F, **Nwachukwu B**, Alpaugh K, Gagne M, Martin SD. *Predicting Labral Repairability Prior To Surgery: Age Under 40 Is Predictive In 151 Cases.* International Society of Hip Arthroscopy Annual Meeting. Poster Presentation, Paris France 2011.
23. McCormick F, **Nwachukwu B**, Alpaugh K, Gagne M, Martin SD. *Age or Arthritis: What's causing the pain following hip arthroscopy?* Clinical Orthopedic Society Annual Meeting. Podium Presentation. Charleston, SC 2011.
24. Bozic KJ, **Nwachukwu BU**, Milstein A. *Using Financial Incentives to Improve Value in Orthopaedics.* American Association of Orthopaedic Surgeons Cost Effectiveness Research Symposium. Washington, DC. 2011.
25. Kocher MS, **Nwachukwu BU**, McFeely ED, Udall JH, Shearer DW, Micheli LJ. *Risk factors for arthrofibrosis in children adolescents following anterior cruciate ligament reconstruction.* Podium Presentation American Association of Orthopaedic Surgeons Annual Meeting. New Orleans, LA. 2010
26. **Nwachukwu BU**, Kocher MS, McFeely ED, Krcik JA, Yen Y-M. *Complications of Hip arthroscopy in children and adolescents.* American Association of Orthopaedic Surgeons Annual Meeting. Poster Presentation. New Orleans, LA. 2010